

# Chicken Salad-Stuffed Tomatoes

Serves 4

## **Ingredients:**

4 plum tomatoes, halved  
1/4 cup chicken salad  
Freshly ground pepper to taste  
2 tsp sliced fresh chives

## **Directions:**

Scoop out insides of tomatoes with a melon baller. Fill with chicken salad. Sprinkle with pepper and chives.

## **Nutritional Information:**

*One Serving*

Calories: 75

Carbohydrates: 12g

Cholesterol: 0mg

Fat: 2g

Sodium: 345mg

Fiber: 2g

*Source: [www.cooking.com](http://www.cooking.com)*